

# Open-Enrollment Parenting Classes



**These ongoing classes are open to anyone who wants to strengthen their parenting skills and learn more about their children's needs and development**

Parents, grandparents, and caregivers of children ages 0-8 will enjoy learning about the following topics:

- the importance of play and how it promotes positive relationship
- helping your child learn
- social and emotion coaching, praise and encouragement
- motivating children through incentives
- family routines and household rules
- following through and ignoring children's inappropriate behavior
- time out to calm down and natural consequences
- encouraging problem-solving and identifying emotions

These parenting skills will be useful with preteens as well!  
This 15-week series may be joined at any time, after registering.



## Hood River

**Location:** The Next Door, 212 2nd St.

**Time:** Every Wednesday from 10:00 am-12:00 noon

## The Dalles

**Location:** The Next Door, 1005 W. 6th St.

**Time:** Every Wednesday from 5:30-7:30 pm

**Cost:** Sliding fee \$30-\$75 for either series

Childcare and food are not provided but you may bring food.

**One must register to start attending**

**To register contact Nancy Johanson-Paul at The Next Door  
(541) 308-2236 or [nancyp@nextdoorinc.org](mailto:nancyp@nextdoorinc.org)**

[www.nextdoorinc.org](http://www.nextdoorinc.org)

8/20/10



Hood River County  
Commission on  
Children & Families



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