



Teen Mommy & Me Luncheons



grow...stronger...deeper...together

Teen moms are invited to join in on a fun activity their your child. This group is especially designed for teen moms and their babies and children.

Mommy and Me Girls Circle will combine fun activities and games along with the latest information about their child’s development from Zero to Three - all in a relaxed environment with other teen moms. Lunch will be provided.

- What:** Mommy & Me Girls Circle & Luncheon
- When:** Thursdays, June 16 for 6 weeks
- Time:** 11:00 am – 1:00 pm, includes lunch
- Where:** 101 W. 10th Street, The Dalles
- Who:** Teen moms and their child.
- Sign Up:** Space is limited. Contact Lori Marques at 541-993-7270 or via email at wcsap@nwasco.k12.or.us. There is no charge for this group.

Girls Circle specializes in programs built on the research-based model proven to increase girls’ self-efficacy, body image, and social support. Zero to Three’s mission is to promote the health and development of infants and toddlers. Our strengths-based, skill building approach creates a safe space for girls to address risky behaviors, build on protective factors, and improve relationships in a format that interests and engages girls. Funding for the program comes from Safe Schools Healthy Students Initiative.

The facilitators for the program are Lori Marques, MA, Child and Family Counselor and Stephanie Hill, School Case Manager for the Wasco County Student Assistance Program. This is a volunteer activity for the benefit of the girls. The goal of the group is to encourage girls, provide valuable child development information, have fun and give them an opportunity to learn coping skills in dealing with the world today.

ß FUN ß FRIENDSHIP
 § INFORMATIVE “
 HEALTHY Ω SUPPORTIVE